



POST SEDATION INSTRUCTIONS

It is important for your child's safety that you follow these instructions carefully! Failure to follow these instructions could result in unnecessary complications.

- ACTIVITIES** Do NOT plan or permit activities for your child after treatment. Allow your child to rest. Closely supervise any activity for the remainder of the day. When sleeping, encourage your child to lie on his/her side or stomach.
- GETTING HOME** *It's best that two responsible adults accompany your child.* One adult should drive your child home and a second responsible adult must be available to take care of your child while driving home. Your child should be closely watched for signs of *breathing difficulty* and carefully secured in a car seat or seat belt during transportation.
- DRINKING or EATING after TREATMENT** After treatment, the **first drink** should be **plain water**. Clear liquids can be given next (fruit juice, sugar-free Kool-Aid, Gatorade, ginger ale, soup broth, etc). Small drinks taken repeatedly are preferable to taking large amounts. Soft, luke-warm, bland food may be taken when desired (mashed potatoes, yogurt, soup, pudding, ice cream, popsicles, etc.).
- TEMPERATURE ELEVATION** Your child's temperature may be elevated to 101° F (38° C) for the first 24 hours after treatment. **Tylenol** every 3-4 hours and fluids will help alleviate this condition. Temperature above 101° F (38° C) is cause to notify Dr. Rez.
- EXTRACTIONS** If your child had teeth removed, *a small amount of bleeding is normal*. Do **NOT** let your child spit, as this will cause more bleeding. In order to not disturb the blood clot, do **NOT** use a straw to drink for the first 24 hours. Also, remember that a small amount of blood mixed in with a lot of spit in the mouth looks like a lot of blood.
- NUMB LIP** Your child's cheek, lip and tongue will be numb for approximately 1-2 hours. Please be very careful that your child does not bite at his/her cheek or pick at this area. As this area "wakes up" it may feel funny. Most kids say "owe" because they don't know how to describe "numb". It's ok, there is no pain.
- BRUSHING** It is **VERY IMPORTANT** for you to resume brush and floss your child's teeth beginning tonight and on a daily basis thereafter, to prevent infection and future dental problems.
- SEEK ADVICE** If any of the following problems arise, call Dr. Rez at the office, or if they cannot be reached, call the Emergency Department at your local hospital:
- *If vomiting persists beyond four (4) hours*
 - *If the temperature remains elevated beyond 24 hours or goes above 101° F (38° C).*
 - *If there is any difficulty breathing or coloration of the skin is poor.*
 - *If any other matter causes you concern.*

Your child's medications today were:	<input type="checkbox"/> Meperidine _____mg	<input type="checkbox"/> Hydroxyzine _____mg	Time given:
	<input type="checkbox"/> Diazepam _____mg	<input type="checkbox"/> Versed _____mg	_____
	<input type="checkbox"/> 2% Lidocaine with 1:100,000 Epi _____cc		_____
	<input type="checkbox"/> 4% Articaine with 1:100,000 Epi _____cc		_____

PLEASE CONTACT DR. REZ AT THE OFFICE (602-491-1818) IF YOU HAVE ANY PROBLEMS RELATING TO YOUR CHILD'S TREATMENT.